

**AN HOUR OF  
DEEP WELL – BEING**

**CLASSIC  
MASSAGE**

muscular  
draining  
relaxing  
anti - cellulitis

personalized  
essential oils  
sweet and intense

**SHIATSU  
MASSAGE**

energetic  
relaxing  
helpful in  
several troubles

bachache,  
muscular and  
articulation pains,  
headache, stress,  
...others...



Information and booking:

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## BOTH MASSAGES HAVE THE TERM OF ONE COMPLETE HOUR.

The Massage SHIATSU is an Energetic Massage. - Actually it works on the same energy system of acupuncture. - It is effected by pressions with thumbs, elbows and palms on the principal points of the Meridians, to let the organism going to his natural balance. It is effected on the whole body, with particular attention to areas in which the person needs most attention and cure. It has a relaxing and energizing effect, precisely due to the dissolving of tensions and reduction of pain. The body naturally finds a greater and deeper vitality.

The CLASSIC Massage is especially muscular. But not only. Dissolving the muscular tensions, you get a pleasant and enveloping sense of lightness and deep relaxation. It makes use of essential oils from time to time, to potentiate the effect of the massage. Oils sweet and intense, blended with each other depending on the requirement and desire of the person. An hour of complete wellness.

The Massages will be effected at CASALI ROMEI , or in the Gazebo in the Welfare Area , by the Jacuzzi, or directly in the apartment on request.

Mariapia Orlando holds a Triennial Professional Diploma at the Accademia Shiatsu Do, and has attended numerous courses and on the Classic Massage and other Natural and Holistic Disciplines. Many years of experience.